

## NATIONAL TRAILS DAY LOG CARD

Print this page for your miles hiked or biked log card on National Trails Day. Many parks and forests offer guided hikes on National Trails Day, however many visitors to state parks and state forests may opt to hike or bike at their own pace and trail choice.



WV State Parks



**Yes!** I hiked/biked in celebration of National Trails Day—June 5, 2010.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

E-MAIL (optional) \_\_\_\_\_

NUMBER OF MILES HIKED  
and/or

NUMBER OF MILES BIKED

\_\_\_\_\_

PARK OR FOREST YOU HIKED OR BIKED \_\_\_\_\_

**Please print clearly. Return one card per hiker.  
Log card should be returned by June 30, 2010.**

Mail completed card to:  
West Virginia State Parks  
ATTN: National Trails Day  
324 4th Avenue  
South Charleston, WV 25303

*Wild and Wonderful*  
**West Virginia**  
State Parks & Forests  
[www.wvstateparks.com](http://www.wvstateparks.com)

